

## OUR COMMITMENT

Please note that ISVAs are not legal advisors  
-  
they provide impartial information about  
the criminal justice process and  
cannot provide legal advice



### SAIL's ISVA commitment to you:

- Clear, professional boundaries ensuring that we support you and do not jeopardise your case
- Clear confidentiality agreements in place regarding sharing information
- SAIL ISVAs ensure that they will provide you with support to access other agencies to survive and thrive
- SAIL ISVAs have a thorough understanding of the different professional roles and responsibilities of other professionals and support services that are available locally and referral processes
- In order to identify your needs we will complete a **Risk Assessment**, **Needs Assessment** and a **Support Plan** with you. This will be reviewed regularly and updated accordingly

Referrals can be self, professional or agency:  
Telephone the office or email  
[jaderevill-ross@sailderbyshire.org.uk](mailto:jaderevill-ross@sailderbyshire.org.uk)

Office: 01246 556114 ISVA Mob: 07543 801704  
ISVA Email: [jaderevill-ross@sailderbyshire.org.uk](mailto:jaderevill-ross@sailderbyshire.org.uk)

## HELP US TO MAKE A DIFFERENCE

Your experience of SAIL is important to us. We value your feedback to help us improve our services. To share your views, or make a formal complaint, please contact SAIL's Manager, either by phone on 01246 556114 or in writing.

Our counselling service is free of charge. However, in spite of our continued efforts, our funding does not meet all of our costs. Please consider supporting this vital counselling service by making a donation. Details of how to donate to SAIL are available on request.

*"Counselling has changed my life, which I didn't think was possible. By talking I let go of the guilt and pain that held me back for years. I feel like I have had a total personality change. Thank you!"*

## SAIL

12 Soresby Street  
Chesterfield  
Derbyshire  
S40 1JN

Office: 01246 556114

ISVA Mobile: 07543 801704

ISVA Email: [jaderevill-ross@sailderbyshire.org.uk](mailto:jaderevill-ross@sailderbyshire.org.uk)

**Free Helpline: 0800 028 2678**  
(open Tuesdays, Wednesdays, Thursdays, 10-2pm)

**Appointments Line: 01246 559889**  
(answer machine available)

Find us Online:

[www.sailderbyshire.org.uk](http://www.sailderbyshire.org.uk)

Facebook: [sail.derbyshire.1](https://www.facebook.com/sail.derbyshire.1)

Twitter: [@SAILCounselling](https://twitter.com/SAILCounselling)

Supported by North Derbyshire CCG

Registered Charity No. 1152263

# Sail

## Sexual Abuse and Incest Line

*'Surviving and Thriving'*

## ISVA SERVICE INFORMATION

*Together  
we are Stronger*



Ministry  
of Justice

## WHO ARE WE?



SAIL is a registered charity based in Chesterfield. We offer free, specialist counselling for adults aged 18 and over in Derbyshire who have experienced childhood sexual abuse, incest or sexual violence.

Counselling is delivered in locations across the county.

All Counsellors are qualified or on placement from Universities and Colleges and have a deep understanding of the recovery journey.

Ongoing support and supervision is provided to ensure they are working to the highest professional standards.

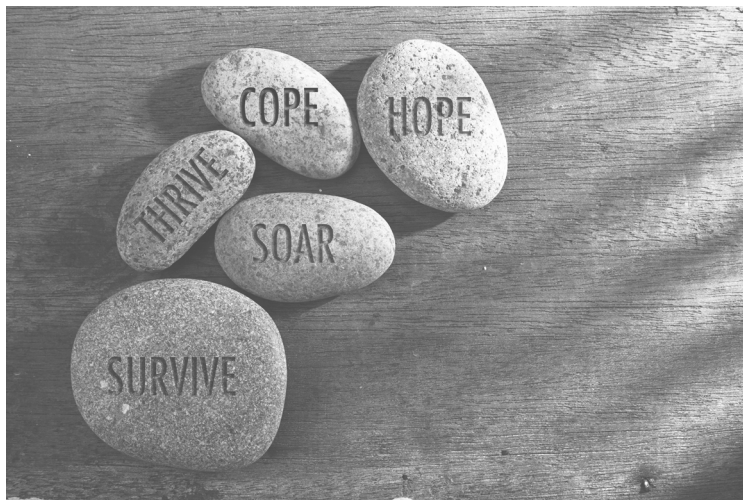
SAIL follows The British Association for Counselling & Psychotherapy's Ethical Framework. Please ask if you would like more information about this.

## SAIL ISVA SERVICE

Our Independent Sexual Violence Advisor (ISVA) service offers practical and emotional support to anyone aged 18+ who has experienced rape, sexual assault, abuse or sexual violence at any point in their life, including childhood sexual abuse.

### What ISVAs can do:

- An ISVA can assist you in understanding your rights and the services that you may be able to access
- ISVAs are independent of the police, courts and other agencies
- **ISVA support is provided regardless of whether you choose to report to the police or not**
- An ISVA is trained to look after your needs and ensure that you receive care and understanding
- ISVA support is person centred
- ISVAs provide impartial information and advice
- ISVAs ensure you are given the information to make informed decisions about the support you access



## SAIL ISVA SERVICE

### Practical and Emotional Support:

- Emotional and practical support to help you deal with the effects of rape, sexual assault or violence or childhood sexual abuse
- Provide you with information about safety options and the services that are available to you
- Communicate and work alongside other agencies to assist you with negotiating the support you need
- Signpost to other services as requested
- An ISVA can assist with practical matters such as housing/benefits/health services
- Support to attend other services or appointments (eg housing/GP)

### Criminal Justice System Support:

If you choose to report to the police an ISVA can support you through this process and any subsequent Court proceedings such as:

- Support through the process (pre and post trial support)
- An explanation of police procedures and the CJS
- Liaison with the police, courts, Crown Prosecution Service (CPS) and other public agencies ensuring you are informed with the developments in your case
- If you so wish an ISVA can be your single point of contact for you through the CJS
- Arrange pre-trial visits and inform you of special measures to make giving evidence easier. Supportig you before, during and post any court case.
- Support regarding applying for Criminal Injuries Compensation (CICA)